

Resources for Seniors

Grocery Shopping:

- **King Soopers:** reserves 7am-8am on Mondays, Wednesdays, and Fridays for senior costumers.
- **Safeway:** reserves 7am-9am Tuesdays and Thursdays for seniors/at risk shoppers
- **Walmart:** reserves 6am-7am Tuesday mornings for seniors only. Includes pharmacy and optical centers
- **Target:** reserves 7am-8am on Wednesdays for seniors and other vulnerable guests.
- **Costco:** reserves 8am-9am Tuesdays and Thursdays for senior members
- **Sam's Club:** reserves 7am-9am Tuesdays and Thursdays for seniors and those with disabilities or compromised immune systems. Includes pharmacy and optical centers.

Meal and Grocery Deliveries/Pickup:

- **Parker Senior Center:** Making delivery and to-go meals for seniors. For to-go meals call: 303-841-5370
- **Walmart:** offers online orders for delivery and drive-up pickup from store. Visit: <https://grocery.walmart.com/>
- **King Soopers:** offers online orders for delivery and drive-up pickup from store. Visit: <https://www.kingsoopers.com/i/ways-to-shop/delivery>
- **Safeway:** offers online orders for delivery. Visit: <https://www.safeway.com/shop/lp/delivery-by-safeway.html>

Medication Deliveries:

- **Safeway:** Offers pharmacy delivery. Contact your local Safeway pharmacy to set this up
- **Walgreens:** Now offering free delivery from local pharmacy. Contact your local Walgreens pharmacy to set this up
- **CVS:** Offering free delivery through May 1st. Contact your local CVS pharmacy to set this up